

Warm-up Ballet

Song 17 the skeleton song

- 1-8 arms port de bra – up w/rt then lt open 2nd then 1st
- 1-8 repeat port de bra
- 1-8 1st position sauté 2x ; 2nd position sauté 2x; 5th position changemente 4x
- 1-8 repeat
- 1-4 in place - sautés in coupe 4x (Lt front coupe, Rt back coupe, Lt front coupe, Rt back coupe)
- 5-8 rt degage close front; Lt degage close front
- 1-8 2 glisades Rt closing front, arms in first
- 1-8 2 glisade Lt closing front, arms in 1st
- 1-8 aechepe (that's going out in 2nd in releve and closing in 5th rt in the back the first time)
aechepe foot closes in back ; passé Rt land back, passé Left land back
- 1-8 enthra chaccata (start in 5th – beat in 5th in the air 3x then changemente
- 1-8 jetes front rt,Lt,Rt,Lt; Rt glissade; assemble, changemente
- 1-8 jetes front Lt,Rt,Lt,Rt; Lt glissade ; assemble, changemente
- 1-8 beat rt foot front and back 8 x in coupe then passé 6 x then tendu and close flex
- 1-8 frappe front, side, back, tondu close
- 1-8 beat Lt foot front and back 8 x in coupe then passé 6 x then tendu and close flex
- 1-8 frappe front, side, back, tondu close