

Ballet Dance

Recipe for Choreography

I. Choreography

Beginning Formation:

- In a tight clump
 - Each dancer has their feet and arms in one of the 5 positions of the arms and legs
- a. 1-8 Hold the beginning formation
 - b. 1-8 Ballet Walk to spread out into 2 lines; use any type of port de bras as you walk
 - c. 7 8-counts: Use each movement at least one time
 1. Plie in 1st, 2nd, 4th, and 5th position
 2. Releve'
 3. Tendu
 4. Degage'
 5. Passe'
 6. Chaîne' (w/ spotting)
 7. Tombe'
 8. Pas de bourre'
 9. Balance'
 10. Eschappe'
 11. Glissade
 12. Sous-Sus
 13. Soutenu
 - d. 1 8-count Ballet Walk to beginning formation (clump)
 - e. 1 8-count Melt into 5 positions of arms and legs
 - f. 1 8-count Walk to an ending formation
 - g. 1 8-count Repeat one 8-count from the "verse" section
 - h. 1 8-count Pose in any Ballet position (can be all together or different)

II. Scale the music

III. Write out your choreography

IV. DUE DATE for PERFORMANCE & WRITTEN NOTES:

- a. 1st – 3rd period: Wednesday, October 28th
- b. 5th – 7th period: Thursday, October 29th

V. Grading Scale: possible 100 pts!

- a. Music Scale (10 pts)
- b. Written Choreography (10 pts)
- c. Group Work Ethic (15 pts)
- d. Creativity (10 pts)
- e. Required Elements (25 pts)
- f. Memory (10 pts)
- g. Showmanship (10 pts)
- h. Technique (10 pts)

VI. Notes:

- EVERYONE needs to be working and participating at ALL TIMES!
- Be respectful of EVERYONE'S input and each other's dance space.
- TEAMWORK! TEAMWORK! TEAMWORK!
- BE ~~creative~~ and have fun!