

# BRINGING BALLET TO DANCE 1—Music selections

Options to access music from this workshop:

Step 1: Send email to Karen\_Searles@roundrockisd.org

Step 2: I will send you the link to the pages in a word document (see below) and will invite you by email to join Dropbox. You may chose to just access from the word document or to join a free file sharing account (Dropbox.com) where you will have access to all the files from this workshop including paperwork.

1. Warm up

<http://dl.dropbox.com/u/16366664/Bringing%20Ballet%20to%20Dance%201/01%20Foot%20warm%20up.m4a>

2. Plie

<http://dl.dropbox.com/u/16366664/Bringing%20Ballet%20to%20Dance%201/02%20Plie.m4a>

3. Tendu slow

<http://dl.dropbox.com/u/16366664/Bringing%20Ballet%20to%20Dance%201/03%20Slow%20tendu.m4a>

4. Tendu

<http://dl.dropbox.com/u/16366664/Bringing%20Ballet%20to%20Dance%201/04%20Fast%20tendu.m4a>

5. Degage

<http://dl.dropbox.com/u/16366664/Bringing%20Ballet%20to%20Dance%201/05%20Degage.m4a>

6. Rond de jambe

<http://dl.dropbox.com/u/16366664/Bringing%20Ballet%20to%20Dance%201/06%20Rond%20de%20jambe.m4a>

7. Frappe

<http://dl.dropbox.com/u/16366664/Bringing%20Ballet%20to%20Dance%201/07%20Frappe.m4a>

8. Fondu

<http://dl.dropbox.com/u/16366664/Bringing%20Ballet%20to%20Dance%201/08%20Fondu.m4a>

9. Stretch

<http://dl.dropbox.com/u/16366664/Bringing%20Ballet%20to%20Dance%201/09%20Stretch.m4a>

10. Grand battement

<http://dl.dropbox.com/u/16366664/Bringing%20Ballet%20to%20Dance%201/10%20Grand%20battement.m4a>

11. Port de bras

<http://dl.dropbox.com/u/16366664/Bringing%20Ballet%20to%20Dance%201/11%20Port%20de%20bras.m4a>

12. Center work-tendu

<http://dl.dropbox.com/u/16366664/Bringing%20Ballet%20to%20Dance%201/12%20Tendu.m4a>

13. Adagio

<http://dl.dropbox.com/u/16366664/Bringing%20Ballet%20to%20Dance%201/13%20Adagio.m4a>

14. Pirouette 1

[http://dl.dropbox.com/u/16366664/Bringing%20Ballet%20to%20Dance%201/14%20Pirouette\\_Waltz.m4a](http://dl.dropbox.com/u/16366664/Bringing%20Ballet%20to%20Dance%201/14%20Pirouette_Waltz.m4a)

15. Pirouette 2

<http://dl.dropbox.com/u/16366664/Bringing%20Ballet%20to%20Dance%201/15%20Pirouette%202.m4a>

16. Allegro 1

<http://dl.dropbox.com/u/16366664/Bringing%20Ballet%20to%20Dance%201/16%20Petit%20Allegro%201.m4a>

17. Allegro 2

<http://dl.dropbox.com/u/16366664/Bringing%20Ballet%20to%20Dance%201/17%20Petit%20Allegro%202.m4a>

18. Allegro 3

<http://dl.dropbox.com/u/16366664/Bringing%20Ballet%20to%20Dance%201/18%20Petit%20Allegro%203.m4a>

19. Allegro 4

<http://dl.dropbox.com/u/16366664/Bringing%20Ballet%20to%20Dance%201/19%20Petit%20Allegro%204.m4a>

20. Turn 1

<http://dl.dropbox.com/u/16366664/Bringing%20Ballet%20to%20Dance%201/20%20Turn%201.m4a>

21. Turn 2

<http://dl.dropbox.com/u/16366664/Bringing%20Ballet%20to%20Dance%201/21%20Turn%202.m4a>

22. Grand allegro 1

<http://dl.dropbox.com/u/16366664/Bringing%20Ballet%20to%20Dance%201/22%20Grand%20allegro.m4a>

23. Grand allegro 2

<http://dl.dropbox.com/u/16366664/Bringing%20Ballet%20to%20Dance%201/23%20Grand%20allegro%202.m4a>

24. Reverence

<http://dl.dropbox.com/u/16366664/Bringing%20Ballet%20to%20Dance%201/24%20Reverence.m4a>

25. Court dancing

<http://dl.dropbox.com/u/16366664/Bringing%20Ballet%20to%20Dance%201/25%20Renaissance%20Dance.m4a>

26. Little swans

<http://dl.dropbox.com/u/16366664/Bringing%20Ballet%20to%20Dance%201/26%20Little%20Swans.m4a>

27. Spanish dance

<http://dl.dropbox.com/u/16366664/Bringing%20Ballet%20to%20Dance%201/27%20Spanish%20Dance.m4a>

28. Arabian dance

<http://dl.dropbox.com/u/16366664/Bringing%20Ballet%20to%20Dance%201/28%20Arabian%20Dance.m4a>

29. Chinese dance

<http://dl.dropbox.com/u/16366664/Bringing%20Ballet%20to%20Dance%201/29%20Chinese%20Dance.m4a>

30. Russian dance

<http://dl.dropbox.com/u/16366664/Bringing%20Ballet%20to%20Dance%201/30%20Russian%20Dance.m4a>