

1st Semester Vocabulary Words

1. chasse'- To chase, a sliding action or step together step where the feet “kiss” and point in the middle.
2. pas de bourree'- Cross back, side, front...with a fast tempo (1&2).
3. pirouette- A turn, performed in relevé with the leg in passé.
4. plie'- A bending of the knees over the feet.
5. releve'- Rising on to the toe.
6. cross ball change- Cross front, rock side, step...in a slow tempo (1,2,3).
7. turn out- Outward rotation of the legs from the hip socket to the feet.
8. parallel- No rotation, toes straight ahead.
9. pivot turn- Performed in two steps ...1/2 turn on the balls of the feet to change directions.
10. three step turn- Take three equal steps while rotating 360 degrees...you end up where you started

11. dig- To place the ball of the foot on the floor but do not change weight...usually done in preparation to use that foot.

12. passee' - To pass the foot at the knee...the inside of the big toe touches the inside of the knee...toe is pointed.

13. grande jete- To take off on one foot and land on the other...both feet are momentarily off the floor at the same time...attempting to split in the air.

14. chaîné- a chain; successive turns in which the dancer remains in releve' with feet close together; two steps- 180 degrees...

15. piqué- to prick; a quick step on to a straight supporting leg in which the working leg is held in a specific position

16. piqué tour- a turn in which the dancer steps directly onto the supporting leg, raising the other leg to any given position

17. tendu- to stretch; the foot slides along the floor from a closed position, keeping the knees straight, until the foot is fully pointed with only the tip of the toe contacting the floor

18. degage- to disengage the working foot by extending it to about 45 degrees off of the floor

19. Draw the five positions of the feet-

