



Dance 1 Exam Review 1st 6 weeks

Thinking Maps #1-3

What is Dance? Is all movement dance? Is all dance movement?

The Waltz

- Steps
- Origin
- Position
- 2 Types

The Foxtrot

- Origin
- 3 Tempos
- Who was it named after?
- What makes it unique in regards to other ballroom styles?

The Hora

- Origin
- Attire worn
- Trivia
- The Steps and Formation

Ballet

- History - 5 eras and description of each
- Terminology
- The Pointe Shoe and its parts
- Pioneers
- 5 positions of the feet
- 6 positions of the arms

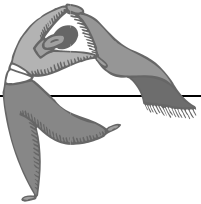


Movie Clips

- Short description of each of the clips you saw: Turning Point, White Nights, Center Stage, others

Technique

- Abdominal work: elbow placement, when to exhale
- Stretching: to bounce or not to bounce

Dance 1 Notebook - 1st 6 weeks

DIVIDER	HANDOUTS / WRITTEN WORK
	Syllabus
	Parent Letter
	"What is Dance"
	Calendar
BALLET	
	Feet / Arm Positions
	Thinking Map #2 - Ballet History
	Movie Clip Review (2)
	Terminology
	Thinking Map #3
Terminology Quiz	
OTHER	
	Waltz Thinking Map
	Current Arts Article Reviews (2 per 6 weeks)
	Journals (5)
	Foxtrot Notes
	Exam Review & Notebook Contents List
	The Hora Notes